

BREAKFAST MENU

Rise & Shine

If you have an allergy or intolerance, please speak to a team member before you order your food and drink.

Full allergen & dietary information is available from our website.

Adults need around 2000 kcal a day

BREAKFAST MENU

ENGLISH BREAKFAST

Grilled sausage, maple-smoked streaky bacon,
grilled tomato, roast flat mushroom,
baked beans, free-range fried eggs,
toasted bloomer *1325 kcal*
9.25

POACHED FREE-RANGE EGG & AVOCADO V

Beetroot houmous, toasted pumpkin
seeds, charred sourdough *642 kcal*
7.45

BUTTERMILK PANCAKE STACK V

Blueberry compôte, vanilla
crème fraîche *666 kcal*
8.95

VEGGIE BREAKFAST V

Roast flat mushroom, grilled tomato,
free-range fried eggs, baked beans,
toasted bloomer *671 kcal*
8.75

EGGS BENEDICT

Poached free-range eggs, maple-smoked
streaky bacon, hollandaise, English
breakfast muffin *959 kcal*
8.00

EGGS FLORENTINE V

Poached free-range eggs, spinach,
hollandaise, English breakfast muffin *643 kcal*
7.45

DRINKS

AMERICANO *4 kcal* **2.40**

CAPPUCCINO *162 kcal* **2.50**

FLAT WHITE *93 kcal* **2.60**

LATTE *154 kcal* **2.50**

MOCHA *205 kcal* **2.50**

ESPRESSO *4 kcal* **2.30**

DOUBLE ESPRESSO *9 kcal* **3.00**

HOT CHOCOLATE *319 kcal* **3.00**
with whipped cream

BREW TEA CO. **2.20**

English Breakfast *30 kcal*

Earl Grey *30 kcal*

Moroccan Mint *0 kcal*

Green Tea *0 kcal*

Decaffeinated Tea *30 kcal*

Allergen advice: Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product. We do not include "May contain" information. Our menu descriptions do not include all ingredients. V Suitable for vegetarians or vegetarian option available. We regret that we cannot guarantee that our pork dishes do not contain bones. Please speak to a member of our team should you have any concerns. Full allergen information is available from a member of our team or on our website. Calorie counts are for guidance only and are based on the complete dish/drink as listed on the menu, excluding any additional seasoning or sauces that may be added by the guest. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub.